



## Seating Awareness Day

Tuesday, 21<sup>st</sup> September 2010

The Wiltshire Golf & Country Club, Vastern, Wootton Bassett, Swindon,  
Wiltshire SN4 7PB

Well-known seating and pressure care specialist **Fiona Collins** will present an eye-opening series of sessions looking not only at seating theory but practical solutions to specialist seating as well as a brief insight into the professional accountability.

### Purpose

To gain a comprehensive understanding of the need for specialist seating within healthcare environments, how to prescribe the correct seating system and understand the changing needs of an individual user.

The day will aim to increase knowledge and develop an understanding on the principles of seating including posture and positioning, pressure management and tissue viability.

Attendees do not require any previous clinical experience, however a desire to learn more about the needs of individuals, the current thinking and considerations for prescribing specialist seating and understanding the broad range of products available is key to the day.

### Agenda

- 08:30 Registration
- 09:00 Introduction
- 09:15 **What is pressure damage?**  
**How do you get pressure damage from sitting?**  
**Fiona Collins MSc DipCOT**  
Q&A
- 10:15 Coffee and Mini Seating Exhibition
- 10:45 **How to conduct a seating assessment?**  
**Fiona Collins MSc DipCOT**  
Q&A
- 12:00 Lunch  
Opportunity to view chairs and have private consultations with Fiona Collins and Kirton personnel
- 13:00 **The progression of seating requirements – the hierarchy of need**  
**Fiona Collins MSc DipCOT**  
Q&A
- 14:30 Tea/Coffee and Mini Seating Exhibition
- 14:50 **“Intelli-Gel” Patient Support Surfaces**  
**Mark Fowkes, Kirton Healthcare Group Ltd**  
Q&A
- 15:40 **How to avoid your day in court?**  
**Fiona Collins MSc DipCOT**  
Q&A
- 16:10 Closing Address

### Fiona Collins MSc DipCOT

Fiona Collins is an occupational therapist with 20 years' experience in pressure ulcer prevention and management. Specialising in posture and seating, Fiona's clinical expertise has gained her a national reputation within the seating arena.

\*Agenda may be subject to slight changes

